

Discerning a Sponsor

Prayer of the Candidate

O Holy Spirit, you have been with me and have counseled me ever since my baptism. I thank you for this. Now that I am about to be confirmed in my faith, I ask your aid. Please inspire me and my parents to choose a sponsor who will prepare me well for the sacrament of Confirmation. Be with us as we weigh the different choices. Help us to make an intelligent choice, not just an emotional one. I desire to become a strong, faith-filled Christian. Lead us to a person who will be the best guide for me.

Prayer of the Parents

O Holy Spirit, you have entrusted (Name) to us. Our role as parents is to protect and nurture (him/her) in every way. Give us grace to know who would be the best partner in carrying out our responsibilities to protect and nourish his/her faith life.

1. Under "Sponsor Possibilities," write the names of possible sponsors
2. Reflect on and discuss the pros and cons of each choice.
3. Consult others.
4. Choose the best sponsor.

Note: A baptismal sponsor is the preferred choice for confirmation sponsor according to canon law.

Sponsor Possibilities	Pros	Cons